# “Find-Your-Role-Model” Session

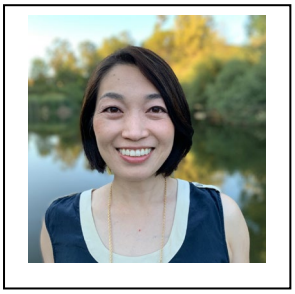
## 84th session (3rd in 2026)

### Guest: Dr. Tomoko Sairenji

## Professor of Family Medicine
## University of Washington

**Wednesday, December 2, 2026, 18:00-19:00**

**Venue: G-Lab on the 8th Floor of M&D Tower at Yushima Campus**



We are pleased to introduce Dr. Tomoko Sairenji, who serves as a Professor in the Department of Family Medicine at the University of Washington. She works to develop and improve medical education in both the US and Japan by implementing medical education primary care training programs for medical students and residents.

Dr. Sairenji graduated from International Christian University and transferred to Okayama University Medical School. After completing junior residency in Japan, she moved to the US and completed her family medicine residency at UPMC Shadyside. She served as Chief Resident in the final year of her residency. She subsequently pursued a faculty development fellowship and completed a Master’s in Medical Education and was also as a visiting scholar at the American Board of Family Medicine. Since 2015, she has been engaged in medical student education at the University of Washington School of Medicine. She was appointed professor in July 2026. She is additionally serving one-year as specially Appointed Director of Medical Education Research in the General Medicine program at Fujita Health University.

| TOPICS | |
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| Career vision and professional background | ・Her vision of the future of healthcare and her personal mission; her inspiration to pursue those goals; what she learned at International Christian University; the hardships and failures she overcame; why she chose family medicine as her specialty; and what it is like to work in clinical practice overseas |
| Current and future projects | ・Family medicine practice<br>・Creating an academic environment for equitable medical education regardless of race, gender, or disability; establishing and managing primary care education programs; and advising medical students and residents |
| Advice for students and early-career healthcare professionals | ・The skills and mindset needed to work globally as an Asian woman<br>・What to keep in mind when choosing a career; and what students and young healthcare professionals should do now |

**Eligibility**

・Open to all students of Institute of Science Tokyo, regardless of program, department, major, or year of study

・Hospital physicians, faculty, and staff are also welcome

**Format**

・Dr.Sairenji will share her career experiences, then move on to a roundtable-style discussion

・Language(s): Japanese, English (on request)

**How to participate** *Pre-registration required.

・Please check the participation details at the URL below

・Registration deadline: Tuesday, December 1, 17:00

https://forms.office.com/r/ZZZ7P1BXX2

Forms registration

**Inquiries**

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### About “Find-Your-Role-Model” Sessions

We have been holding a series of events called “Find-Your-Role-Model” Sessions to provide students with opportunities to interact with alumni and global leaders in healthcare sciences. Through these roundtable-style, informal events, we hope students will find role models to help facilitate their career development and become future global leaders.